

FACES & FEELINGS

NAME:



Describe the feelings you see on these people's faces.









SUNSMART

NAME:



Match the Sun Smart words to the picture by drawing a line from one to the other.



SUP



WRAP



SLOP



SEEK

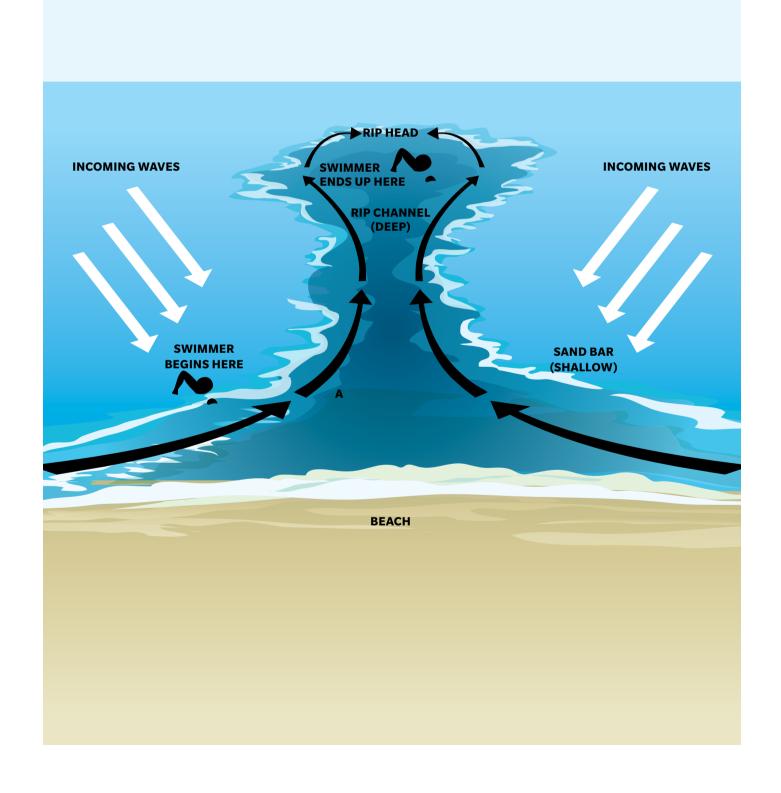


SLAP



RIPS

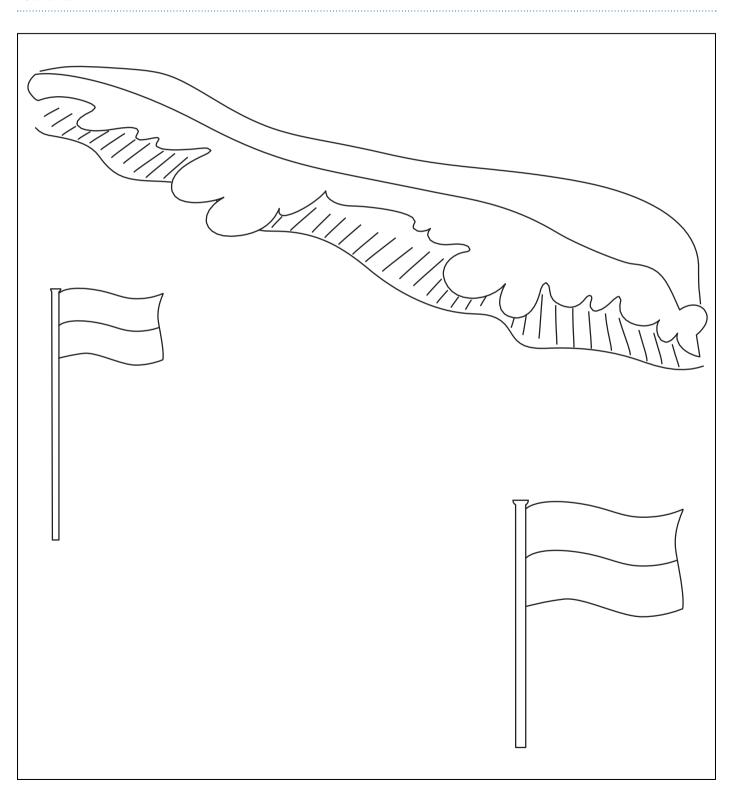
NAME:





SWIM BETWEEN THE FLAGS

NAME:





MY 111 FIVE

NAME:	
	Place your hand on the page and trace around it. On each finger, write the name of an adult who you trust to be in your personal safety network.



WAVES

Name the THREE (3) types of waves shown here.



F.L.A.G.S

NAME:	
	Use the table below to create your personal safety network.
F	Find the flags and swim them. It is the safest place to swim because it is patrolled by lifesavers
	Look for the signs. Safety signs will alert you of any important information needed to make your time at the beach safer and more fun.
A	Ask a lifesaver for some good Approach a lifeguard on patrol and ask them if there are any dangers to look out for at the beach.
G	Get a parent to with you. Ask a parent to swim with you and look out for you during your time at the beach.
5	Stick your up for help. This is the best way to attract attention in the water.