

Circular

Title: Surf Rescue State Championships – information and entries

Document ID: C24007
Department: Surf Sports

Audience: Presidents, Secretaries, Club Captains, Surf Sports/Competition Officers, Junior Contacts,

Lifesaving Events Panel

Date: 31 January 2024

Summary:	The 2023-24 Surf Rescue State Championship Event details & entry process are detailer in this document					
Action:	Circulate the championships information to relevant members					
	 Complete competitor entries via <u>SEMS</u> by 10am - Monday 12 February 2024 					
	 Complete the Officials & Volunteer Roster by 12noon – Wednesday 14 February 2024 					
	Await final carnival information					

EVENT DETAILS

Carnival type: 2023-24 Surf Rescue State Championships

Date: Friday 16 February – Sunday 18 February 2024

Location: Surf Central – 2 Barco Road, West Beach & Grange SLSC – Esplanade, Grange

IMPORTANT DATES

Entries Close: 10am, Monday 12 February 2024

PROGRAM (is guide only and is subject to entries & volunteers, more detailed program to be provide after entries close)

Friday 16 Feb: First Aid (Surf Central)

Time	Description		
5:15pm	Meet at Surf Central (MUST be in Patrol uniform and have competition cap)		
5:30pm	Isolation closes for both U15 & Open		
6:00pm	Scenarios to commence		

Saturday 17 Feb: R&R events (Grange)

Time	Description				
6:45am	R&R Officials Report				
7:15am	Marshalling Open R&R				
7:30am	Open R&R events to commence				
8:30am	5 person R&R (U19, U15 & U13)				
9:30am	2 person R&R (U13 & U11)				
12:00pm	2 Person R&R (U17 & U15)				
1:00pm	Approx Finish of events				

Sunday 18 Feb: Champion Lifesaver / Patrol (Grange)

Time	Description			
7:00am	Champion Patrol/Lifesaver Officials Report			
7:30am	Champion Lifesaver Theory Paper (Grange SLSC club rooms) all age groups U13- Masters			
8:15am	Champion Lifesaver Physical events / Resusication			
12:00pm	Champion Patrol Physical Events			
12:45pm	Champion Patrol Theory Paper/ Isolation			
1:15pm	Champion Patrol Scenario / Resuscitation Scenario			
4:30pm	Approx Finish			

If you have any enquiries, please don't hesitate to contact the Surf Sports team at SLSSA surf.sports@surflifesavingsa.com.au or call (08) 8354 6900.



EVENTS

The following events will be conducted:

FIRST AID

Open First Aid

Under 15 First Aid

The events will be conducted as per the current SLSA Surf Sports Manual, section 3.6

Please note that although there are only two age groups, limited entries nominations for Aust. Championships will still see SA able to put a team/s forward for all age groups (U15, U17, U19, Open) based on state results.

RESCUE & RESUSCITATION (R&R)

- Open Male 5 Person
- Open Female 5 Person
- Open Mixed 6 Person
- U19 Mixed 5 Person
- U17 Mixed 2 Person

- U15 Mixed 5 Person
- U15 Mixed 2 Person
- U13 Mixed 5 Person
- U13 Mixed 2 Person
- U11 Mixed 2 Person

CHAMPION LIFESAVER

- Open Male Champion Lifesaver
- Open Female Champion Lifesaver
- Masters (30+ yrs) Male Champion Lifesaver
- Masters (30+ yrs) Female Champion Lifesaver
- Under 19 Male Champion Lifesaver
- Under 19 Female Champion Lifesaver
- Under 17 Male Champion Lifesaver

- Under 17 Female Champion Lifesaver
- Under 15 Male Champion Lifesaver
- Under 15 Female Champion Lifesaver
- Under 14 Male Champion Lifesaver
- Under 14 Female Champion Lifesaver
- Under 13 Male Champion Lifesaver
- Under 13 Female Champion Lifesaver

These events are conducted as part of the relevant State Championship based on age group (U14-Open = Senior State Championship; 30+yrs = Masters State Championship; U13 = Junior State Championship).

Please note that although there are only two age groups, limited entries nominations for Aust. Championships will still see SA able to put a team/s forward for all age groups (U15, U17, U19, Open) based on state results.

CHAMPION PATROL

Open Champion Patrol

Under 17 Champion Patrol

The events will be conducted as per the current <u>SLSA Surf Sports Manual</u> with the following inclusions:

- 1. Champion Patrol Award pre-requisite to include MINIMUM 2 members to be proficient Advanced Resuscitation Techniques award holders (NOTE: any team progressing to Aust Champs would need to have all team members proficient in this award; as the use of oxygen has been removed from the Bronze Medallion, the Scenario Task would be developed accordingly)
- 2. Theory questions will come from the PSAR Training Manual 35th edition, pdf version (as found <u>HERE</u> on SLSSA website and in <u>SLS Members Area</u> > Document Library > PSAR 2023-24 Competition Season Only)

Isolation

Teams are to report to the Isolation area within the timeframe scheduled on the program. Failure to do so may result in exclusion from the competition. Access to mobile phones etc whilst in isolation is not permitted except in exceptional circumstances and with permission of the Referee.



UNIFORMS & EQUIPMENT

Champion Patrol (teams to wear patrol uniform + competition cap)

Teams are to supply uniforms & equipment as per the Surf Sports Manual, which includes:

- · Rescue board or Malibu racing board
- Rescue tube + Swim fins (optional)
- First Aid kit (as per Appendix C in Surf Sports manual)
- Air bag oxygen resuscitation unit
- Automated External Defibrillator (AED) trainer
- Adult resuscitation manikin
- Min. two SLSA approved Life Jackets to suit IRB Driver & IRB Crewperson (open teams only)

Champion Lifesaver (competitors to wear competition cap)

Each competitor shall provide:

- One rescue board or Malibu racing board (note: Under 13s = junior fibreglass boards)
- One rescue tube
- One pair of swim fins (optional; note: U13s restricted to soft/flexible rubber type fins as per specifications in 11.3.1 of Surf Sports Manual)
- One adult resuscitation manikin

Live patients will be rotated so to use those who have already completed their resuscitation component

NOTE: all competitors are required to wear Club competition cap & when in the water, hi-vis vest + BYO pen, water bottle, snacks, sunscreen etc

First Aid

• Each team is to supply their own First Aid Kit as per the <u>Contents List</u> (appendix D, section 3 of the SLSA Surf Sports Manual).

All other aspects, including dress of competitors will be as per the SLSA Surf Sports Manual.



OFFICIALS & VOLUNTEERS

First Aid Competition requires a number of officials & volunteers:

- Judges¹
 - Knowledge of first aid or other lifesaving competition required
- Timekeepers
 - No specific skills nor officials accreditation required (parents, friends etc)
- Patients & bystanders
 - Competitors are great for these roles when they are not competing (ie U15 as patients for the Open & vice versa). They will be providing verbal responses to the injuries but not have physical contact with the competitors
- Isolation stewards/kit scrutineers (will need to wear face mask inside at all times)
 - o Past experience would be helpful but not essential

In order to ensure we have the required number of officials & volunteers, each nominated team MUST supply:

- a. 1 x volunteer to be a patient/bystander
- b. 1 x judge/official

Example: if your club is nominating 2×0 pen & 2×0 teams, you will need to supply 2×0 judges 2×0 judges 2×0 pen events; if you are only nominating 2×0 pen team, your club will need to provide 2×0 judge 2×0 ju

Champion Patrol & Lifesaver events require a number of judges/officials & volunteers:

- Lifesaving Judges
 - Resuscitation knowledge of Champion Patrol/Lifesaver resuscitation
 - Scenario knowledge of patrolling, rescue, resuscitation, first aid procedures
 - o Isolation steward/kit scrutineer past experience would be helpful but not essential
- Patients & bystanders for Champion Patrol scenario
- Officials for physical events components

In order to ensure we have the required number of officials & volunteers, <u>each nominated Champion Patrol team</u> **MUST supply**:

- c. Min. 1 x volunteer to be a patient/bystander
- d. Min. 1 x judge/official

Please provide details of such officials/volunteers via the Officials & Volunteer Roster

Depending on competitor numbers as at close of entries, there may be a requirement for some Clubs to provide additional resuscitation judges/general officials. This will be communicated to the Team Manager ASAP after close of entries.

¹ if this requirement changes due to availability of others currently being sourced, we will advise ASAP



ELIGIBILITY & ENTRY

How to enter competitors

Entries must be submitted via SEMS (find SA Surf Rescue State Championships)

• A guide to entering entries via this new system can be found here on our website

Club Volunteers

Clubs are to complete their component of the <u>Officials & Volunteer Roster</u> by 12 noon Wednesday 14 February 2024 to detail officials, volunteer names & other requirements.

Entry Fees

First Aid & Champion Patrol = No fees apply

Champion Lifesaver + R&R = included with Junior, Senior or Masters State Championships entry fee of \$60+GST to be invoiced at the conclusion of the respective championships in March.

Eligibility

Engionity	Continuing Members ¹ Gained the required award/s in 2022/23 season or earlier & was proficient in	New Members ² Gained or is gaining the required award/s in 2023/24	Returning Members ³ Gained the required award/s in 2021/22 or earlier AND was not proficient in 2022/24	Under 13 Members		
	2022/23					
SLSC Membership	Registered in Surfguard for 2023/24. Members are only eligible to compete for the Club with which their Competitive Rights are held					
Award/s	U15 (includes U14 Bronze Medallion U17-Open/Maste	Junior Preliminary Evaluation & Competition Skills Evaluation for Under 13 Surf Smart Two Surf Ed award				
Patrol Hours	Minimum 16* personal patrol hours completed from 1 January 2023 – 31 December 2023	Minimum patrol hours required is based on the date that the Bronze Medallion¹ is attained: Award attained in Oct = minimum 6.66 patrol hours by 31/12/23 Award attained in Nov = minimum 5.33 hrs by 31/12/23 Award attained in Dec = minimum 4 patrol hours by 31/12/23 Award attained in Jan/Feb = minimum 4 patrol hours by close of entries	Minimum patrol hours required is based on the date that the Bronze Medallion¹ proficiency completed: Proficiency completion date in Oct = minimum 6.66 patrol hours by 31/12/23 Proficiency completion date in Nov = minimum 5.33 patrol hours by 31/12/23 Proficiency completion date in Dec = minimum 4 patrol hours by 31/12/23 Proficiency completion date in Jan/Feb = minimum 4 patrol hours by close of entries	Nil as Junior Members are exempt from patrolling responsibilities		
Other	Must not be in o	default with their Club or SLSSA or discipline oblig	in relation to their service, financial ations			

¹ Proficient is defined as the award expiry date being later than the date of close of entries for the relevant event

^{*}Reserve active members = 8 hours; Clubs may recognise alternative voluntary service hours & if so, maximum 50% of the minimum required hours can be endorsed as service hours (requires formal endorsement by SLSC Club Board and subsequent advice to SLSSA); Under 13 & Under 14 members are exempt from patrol hour obligations.