

CIRCULAR

Title: 2023 Pool Rescue State Championships – Information & entries
Document ID: C22033
Department: Surf Sport
Audience: Presidents, Secretaries, Captains, Competition Officers, Junior Coordinators & Pool Rescue Contacts
Date: 16 June 2023

Summary:	The 2023 Pool Rescue State Championships will be held on Saturday 1 July & Sunday 2 July 2023. Event details & entry process are detailed in this document
Action:	<ul style="list-style-type: none">• Circulate the championships information to relevant members• Complete competitor entries via SEMS by 10am - Fri 23 June 2023• Complete the Volunteer Roster & Club details by 10am - Wed 28 June 2023.• Await final carnival information to be sent.

EVENTS & PROGRAM

Carnival type: Pool Rescue State Championships
Date: Sat 1 July & Sun 2 July 2023
Location: SA Aquatic & Leisure Centre (443 Morphett Rd, Oaklands Park)
Referee: Pat Larven

This event is sanctioned by the International Life Saving Federation (ILS) and as such the Championships will be run in accordance with ILS rules and the revised 37th edition SLSA Surf Sports Manual plus any subsequent bulletins, circulars or local rules mentioned in this circular.

IMPORTANT DATES/TIMES

Friday 23 rd June 2023	10am Entries Close
Monday 26 th June 2023	10am Late Entries Close
Wednesday 28 th June 2023	10am Complete the volunteer roster & club details

Queries?

If you have any enquiries, please don't hesitate to contact the Surf Sports team at SLSSA surf.sports@surflifesavingsa.com.au or call (08) 8354 6900.

EVENT LIST

The following events will be conducted (if time permits):

Individual Events	U11	U12	U13	U14	U15	U17	Open	Masters
50m Freestyle Swim with fins	✓	✓	✓	✓	✓	✓	✓	✓
50m Obstacles	✓							
100m Obstacles		✓	✓					✓
200m Obstacle				✓	✓	✓	✓	
50m Manikin Carry				✓ (35m)	✓	✓	✓	✓
50m Brick Carry	✓ (fins)	✓	✓					
100m Manikin Carry with fins					✓	✓	✓	✓
100m Manikin Tow with fins				✓	✓	✓	✓	✓
100m Rescue Medley					✓	✓	✓	
200m Super Lifesaver					✓	✓	✓	
Team Events	U11	U12	U13	U14	U15	U17	Open	Masters
12.5m Line Throw (M/F)	✓(10m)	✓(10m)	✓(10m)	✓(10m)	✓	✓	✓	✓
4x50 m Obstacle Relay	✓ NGS			✓ M/F			✓ M/F	✓ M/F
4x25 m Manikin/Brick Relay	✓ NGS			✓ M/F			✓ M/F	✓ M/F
4x50 m Medley Relay	✓ NGS			✓ M/F			✓ M/F	✓ M/F
100m Patient tow with Fins	✓ M/F							
4x50m Lifesaver Relay							2M/ 2F	

NGS = Non-Gender Specific

Note: Masters individual & line throw events will be conducted in 3 age categories 30 – 44, 45- 59 and 60+

Masters Line throw team age is based on the age of the youngest competitor

State Champs Program: Proposed events to be conducted on Sat 1 July are **highlighted**. Extra events may be added subject to entries.

INDIVIDUAL EVENTS

NOTE: in line with Australian Pool Rescue Championships and due to time constraints competitors must compete in their specific age category ONLY and are not eligible to compete in any other age individual events except instances where their age group is not offered in an event (ie masters competitors are able to contest Open Super Lifesaver, Rescue Medley & 200m Obstacles). Any Masters wishing to be entered into these events must be emailed to

Surf.Sport@surflifesavingsa.com.au

To provide a higher quality racing opportunity for competitors and program efficiency we are planning to have all competitors entered into their respective age groups, however on race day they will all swim in the one combined event, with points & medals being split into the respective age groups as we previously done at the State Pool Rescue Championships.

TEAM EVENTS

Composite Team requests are to be made on SEMS. After the close of entries composite teams will be drawn with preference given to clubs who do not have a 1st team in that event and a reserve priority order for any unallocated composite requests to be communicated.

SLSSA policy allows for Under 15 competitors WITH a proficient Bronze Medallion to compete up in U17, Open or U17- Open TEAM EVENTS only whilst still adhering to maximum of two age groups for any one team event.

U11-U14 Athletes can only compete in 1 line throw event. This can either be in their own age group or 1 age group above.

ELIGIBILITY & ENTRY

How to enter competitors

Entries must be submitted via [SEMS](#) by no later than 10am on Friday 23 June 2022 (late entries close 10am, Mon 26 June). A guide to entering entries via SEMS can be found [here on our website](#)

If you require SEMS access for another Club officer/s tasked with entering competitors for this event; please log a ticket at support.sls.com.au

As we have to transfer all of our nominations to the appropriate IT program for use at the pool,
PLEASE ONLY ENTER PEOPLE INTO EVENTS THAT THEY WILL COMPETE IN.
 This is also critical as competitors will be allocated a lane and 'no shows' can cause **considerable inconvenience.**

If requesting a composite team, please adjust team name to **composite** in SEMS. Composite teams will be pre-drawn prior to the championships.

Entry Fees

The event entry fee is set at **\$50 (+ GST) per entered competitor.**

Late entry fees are charged for any entries made after 10am on Friday 23/6/23 and before close of late entries (10am, Monday 26 June 2022). This fee is set at the entry fee + 100% of entry fee (ie total \$100 + GST).

Clubs will be invoiced for all entered competitors (including any late entries) following the championships.

Eligibility

	Continuing Members	New Members	Returning Members
	<i>Gained the required award/s in 2021/22 season or earlier & was proficient in 2021/22</i>	<i>Gained or is gaining the required award/s in 2022/23</i>	<i>Gained the required award/s in 2020/21 or earlier AND was not proficient in 2021/22</i>
SLSC Membership	Registered ² in Surfguard for 2022/23	Registered ² in Surfguard for 2022/23	Registered ² in Surfguard for 2022/23
Award/s	U11 competitors = Be the holder of the U11 competition skills evaluation award + hold the Surf Safe Two Award U12 competitors = Be the holder of the U12 competition skills evaluation award + hold the Surf Smart One Award U13 competitors = Be the holder of the U13 competition skills evaluation award + hold the Surf Smart Two Award U14 & U15 competitors = Be the holder of a proficient ¹ Surf Rescue Certificate (or Bronze Medallion) U17, U19, Open & Masters competitors = Be the holder of a proficient ¹ Bronze Medallion		
Patrol Hours (applicable for <u>U15-Open competitors only</u>)	Minimum 16* personal patrol hours completed from 1 January 2022 – 31 December 2022	Minimum patrol hours required is based on the date that the Bronze Medallion ¹ is attained: Award attained in Oct/Nov = minimum 8 patrol hours by 31/12/22 Award attained in Dec = minimum 4 patrol hours by 31/12/22 Award attained in Jan-May = minimum 4 patrol hours by close of entries	Minimum patrol hours required is based on the date that the Bronze Medallion ¹ proficiency completed: Proficiency completion date in Oct/Nov = minimum 8 patrol hours by 31/12/22 Proficiency completion date in Dec = minimum 4 patrol hours by 31/12/22
Other	Must not be in default with their Club or SLSSA in relation to their service, financial or discipline obligations		

¹ Proficient is defined as the award expiry date being later than the date of close of entries for the relevant event

² Members are only eligible to compete for the Club with which their Competitive Rights are held

*Reserve active members = 8 hours; Clubs may recognise alternative voluntary service hours & if so, maximum 50% of the minimum required hours can be endorsed as service hours (requires formal endorsement by SLSC Club Board and subsequent advice to SLSSA). Life members & long service members are exempt from patrol hour obligations related to championships entry eligibility.

OFFICIALS & VOLUNTEERS

To be eligible to compete, each competing club will be required to provide officials and volunteers **for the ENTIRETY of the event** unless stated. Official & Volunteers allocations will be found on [Volunteer Roster & Club details](#) document. Club requirements will be assigned after the close of entries. **The following roles do not require an accredited official:**

- Equipment setters
- Timekeepers

EQUIPMENT & UNIFORMS

- SLSSA will supply the Rescue Tubes, Manikins, Bricks and Lines for the use of competitors during competition. Such equipment will comply with the ILS/SLSA specifications.
- All competitors are required to supply their own fins (for specifications for compliance please refer SLSA Surf Sports Manual):
 - Rubber fins for U12/13 athletes
 - Fibreglass or Rubber fins for U14 – masters athletes
- All competition equipment may be subject to scrutineering checks during the event
- **Club caps (or swim caps) must be worn and all must be consistent in team events (excluding composite teams).**

MARSHALLING OF EVENTS

Due to the timing system used it is critical that competitors marshal correctly and on time. Announcements will be called over the PA system.

POOL DECK ACCESS

Spectators will NOT be allowed on pool deck. Only Competitors, Officials and volunteer positions are permitted. Only SLSSA appointed photographers & approved media will be allowed access to pool deck.

FIRST AID & EMERGENCY MANAGEMENT

SA Aquatic & Leisure Centre staff will be responsible for any emergency management or first aid required to attendees.

PRESENTATIONS

Medals will be available to collect on the Grandstand concourse throughout the event and announcements will be made when results are final and when medals can be collected.

The State Pool Rescue Champion Club Pennant & Pool Rescue State Champion Athlete Medals will be presented on Pool Deck at the conclusion of the Championships.

Final Information to be communicated with Team Managers, Junior Contacts & Surf Sport Officers prior to the event.

PROGRAM & ORDER OF EVENTS

Saturday 1 st July 2023 - 1.30pm start	
1	Female 100m Manikin Carry with Fins (U15, U17, Open, 30-44, 45-59, 60+)
2	Male 100m Manikin Carry with Fins (U15, U17, Open, 30-44, 45-59, 60+)
3	Female 50 m Manikin Carry (U15, U17, Open, 30-44, 45-59, 60+)
4	Male 50 m Manikin Carry (U15, U17, Open, 30-44, 45-59, 60+)
5	U 14 female 50 m Manikin Carry (from 35m)
6	U 14 male 50 m Manikin Carry (from 35m)
7	Female 200 m Super Lifesaver (U15, U17, Open)
8	Male 200 m Super Lifesaver (U15, U17, Open)
9	Female 100 m Manikin Tow (U14, U15, U17, Open, 30-44, 45-59, 60+)
10	Male 100 m Manikin Tow (U14, U15, U17, Open, 30-44, 45-59, 60+)
11	Female Manikin Relay (U17-Open)
12	Male Manikin Relay (U17-Open)
13	Female 4 x 25 m Manikin Relay (U14-U15)
14	Male 4 x 25 m Manikin Relay (U14-U15)
14	Female 4 x 25 m Manikin Relay (30+)
15	Male 4 x 25 m Manikin Relay (30+)
16	Mixed 4x50m Lifesaver Relay (Open)
END OF SESSION	

Sunday 2 nd July 2023 - 8.00am start			
	<i>Western End (Amber Scoreboard)</i>	<i>Eastern End</i>	
17	Female Line Throw (U14)	25	Female & Male Line Throw (60+)
18	Male Line Throw (U14)	26	Female & Male Line Throw (45-59)
19	Female Line Throw (U13)	27	Female & Male Line Throw (30-44)
20	Male Line Throw (U13)	28	Female & Male Line Throw (U17)
21	Female Line Throw (U12)	29	Female & Male Line Throw (U15)
22	Male Line Throw (U12)	30	Female Line Throw (Open)
23	Female Line Throw (U11)	31	Male Line Throw (Open)
24	Male Line Throw (U11)		
REMOVE 10m Line Throw Bar			
32	Female 100 m Obstacle (30-44, 45-59, 60+)		
33	Male 100 m Obstacle (30-44, 45-59, 60+)		
34	Female 100 m Obstacle (U12, U13)		
35	Male 100 m Obstacle (U12, U13)		
36	Female 50 m Obstacle (U11)		
37	Male 50 m Obstacle (U11)		
38	Female 200 m Obstacle (U14, U15, U17, Open)		
39	Male 200 m Obstacle (U14, U15, U17, Open)		
40	Female 4 x 50 m Obstacle Relay (30+)		
41	Male 4 x 50 m Obstacle Relay (30+)		
42	Female 4 x 50 m Obstacle Relay (U14-U15)		
43	Male 4 x 50 m Obstacle Relay (U14-U15)		
44	NGS 4 x 50 m Obstacle Relay (U11-U13)		
45	Female 4 x 50 m Obstacle Relay (U17-Open)		
46	Male 4 x 50 m Obstacle Relay (U17-Open)		
REMOVE all Obstacles			

47	Female 50 m Freestyle with Fins (U11-U13)
48	Male 50 m Freestyle with Fins (U11-U13)
49	Female 50 m Freestyle with Fins (U14, U15, U17, Open, 30-44, 45-59, 60+)
50	Male 50 m Freestyle with Fins (U14, U15, U17, Open, 30-44, 45-59, 60+)
51	Female 50 m BRICK Carry (U12, U13)
52	Male 50 m BRICK Carry (U12, U13)
53	Female 50 m BRICK Carry (U11) (Fins)
54	Male 50 m BRICK Carry (U11) (Fins)
55	Female 100 m Rescue Medley (U15, U17, Open)
56	Male 100 m Rescue Medley (U15, U17, Open)
57	Female 100m Patient tow with Fins (U11-U13)
58	Male 100m Patient tow with Fins (U11-U13)
59	Female Medley Relay (U17-Open)
60	Male Medley Relay (U17-Open)
61	NGS 4 x 50 m Medley Relay (U11-U13)
62	Female 4 x 50 m Medley Relay (U14-U15)
63	Male 4 x 50 m Medley Relay (U14-U15)
64	Female 4 x 50 m Medley Relay (30+)
65	Male 4 x 50 m Medley Relay (30+)
66	NGS 4 x 25 m Brick Relay (U11-U13)
END OF SESSION	