

CIRCULAR

Title: Advanced Resuscitation Technique Kits – Minimum Contents
Document ID: C22040
Department: Lifesaving
Audience: Club Captains, Vice Club Captains/Lifesaving Officers, Chief Instructors, Secretaries
Date: July 2022

The following are the minimum requirements for ART kits used within Surf Life Saving Clubs in South Australia during the 2022/2023 season for holders of the HLTAID015 award.

ART kits/bags may be of the hard case or soft bag variety. Kits should be lightweight and able to be carried by one person.

Approved resuscitation/pocket mask (clam shell)	1
Bag/Valve/Mask	1
Disposable powder-free latex gloves	4
Elongated adult oxygen mask with tubing	2
Elongated child oxygen mask with tubing	2
Foil emergency blanket	1
Oropharyngeal airway tube size 1 70mm	1
Oropharyngeal airway tube size 2 80mm	1
Oropharyngeal airway tube size 3 90mm	1
Oropharyngeal airway tube size 4 100mm	1
Oropharyngeal airway tube size 5 110mm	1
Oxygen bottle	1
Pulse Oximeter	1
Recording book and pencil/pen for recording injury and illness first aid	1
Regulator (serviced) – unless using Inhalo cylinders	1
Safety goggles / glasses	1
Suction device	1
Surgical/Medical Face masks (single use)	2
Trauma kit ((Bleeding Control Kit – tourniquet, trauma dressing, shears, emergency blanket, gloves)	1