

2023/24



Community Water Safety Sessions

...in and around the water...

SURF LIFE SAVING SOUTH AUSTRALIA (SLSSA) IS SOUTH AUSTRALIA'S MAJOR COSTAL WATER SAFETY, DROWNING PREVENTION AND RESCUE AUTHORITY. WE ARE A UNIQUE NOT-FOR-PROFIT CHARITY AND TRUSTED COMMUNITY SERVICE, ENSURING THE SAFETY OF THE COMMUNITY THROUGH PATROLS, TRAINING PROGRAMS AND EDUCATION SINCE 1925.

SLSSA educates South Australians of all ages and abilities through the provision of both accredited and non-accredited education, training, and assessment. Through fun and engaging activities, we provide participants with the necessary skills to be safe in and around the water.

We are fiercely focused on working with you to create an experience that suits your community and participants needs. Our qualified trainers and instructors can also provide specialised programs and support for participants with disability as well as those from a multicultural and indigenous background.

Below is an overview of the sessions offered, however, we are happy to tailor these to suit your group's needs.

BEACH SAFETY PROGRAMS	WATER SAFETY PRESENTATIONS
<p>Beach Safety programs aim to educate participants on life saving techniques and water safety messages.</p> <p>The program offers practical sessions to familiarising participants to beach environments through enjoyable educational activities which include:</p> <ul style="list-style-type: none">- Wading- Running- Ocean swimming- Board paddling- Lifesaving skills <p>Our qualified Instructors will modify all activities based on the age and ability of participants to ensure they are getting the most out of the experience.</p>	<p>A multimedia presentation that develops basic understanding and awareness of aquatic safety issues at a variety of venues including beaches, rivers, lakes, dams, and pools.</p> <p>Learn about:</p> <ul style="list-style-type: none">- Signage- Being Sun Smart- Seeking help- Rips and currents- Dangerous activities around the water- Dangerous animals (advance groups) <p>These talks can be conducted in person or virtually.</p> <p>*Within the presentation, videos used can be translated into multiple languages</p>
FIRST AID	CPR
<p>A fun and interactive workshop to introduce participants to emergency situations including:</p> <ul style="list-style-type: none">- Who to call in an emergency?- DRS ABCD- Basic awareness & Danger- Bandaging wounds- Bites & Stings (advance groups)	<p>Delivered in conjunction with the first aid session or as a standalone, the CPR session introduces participants on how to deal with an unconscious person who is not breathing.</p> <p>Participants will use mannequins in the session.</p> <p>*Maximum 2-hour session</p>

For more information contact:

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Below provides examples of the various packages and costs that SLSSA can offer community groups.

We will work closely with you to provide a package that suits your needs and budget, we ask that all community groups interested in running a session submit a quote request by [CLICKING HERE](#)

BEACH SAFETY			
Details	Minimum Cost <i>Max. 10 participants*</i>		Extras
	IC & Assistant	IC only**	
2-hour Session	\$270	\$180	11+ Participants Instructor fee • \$40 per instructor, per hour (1 Instructor: max. 10 participants) • \$35 per assistant, per hour (1 Instructor and 1 Assistant: max 15 participants) Plus, equipment and admin fee • \$4 per participant – 2 hours sessions • \$6 per participant – 4 hours sessions • \$8 per participant – 7.5 hours sessions • \$8 per participant – 4 or 6 week program • \$10 per participant – 8+ week program
4-hour Session	\$450	\$290	
7.5-hour session	\$770	\$480	
4-week Program	\$990	\$660	
6-week Program	\$1,500	\$980	
8-week Program	\$1,990	\$1,300	
10-week Program	\$2,500	\$1,620	
12-week Program	\$2,990	\$1,940	
Individual Programs 1:1 or 1:2 45 minute session	N/A	\$70	

*Our ratios are set as 1 Instructor to 10 participants. If your group requires additional support due to medical conditions or skill level, please indicate this on the quote request form as you will be subject to additional fees.

**Price for the Instructor in Charge (IC) only is available for 3 to 10 participants, if the community group can provide an adult (18+) who holds a Working with Children's Check and First Aid Certificate. This person must support the IC on the day and in the event of an emergency.

WATER SAFETY PRESENTATIONS / In person or virtual

Details	Minimum Cost <i>No minimum number of participants</i>	Extras
30-minute Sessions	\$80	Nil
45-minutes Sessions	\$100	Nil
1-hour Sessions	\$110	Nil

FIRST AID AND CPR / Non-accredited courses / Individual or combined program

Details	Minimum Cost <i>Max. 20 participants</i>	Extras
2-hour Session	\$220	Additional participants \$10 per person
4-hour Session	\$420	Additional participants \$20 per person

Notes:

- Cost included: GST, SLSSA administration, Instructor and Equipment Costs
- Additional costs may be incurred for travel, dependent on distance from Surf Life Saving SA offices at West Beach.
- All of the above programs are non-accredited courses. For more information on our accredited courses [CLICK HERE](#)
- To lock in your preferred dates and time SLSSA require a 10% (non-refundable) deposit
- Lodge your quote request [HERE](#)